



# Pure Wellness Intl. Professionals

HEALTH, VITALITY AND COMMUNITY

## Dr. Jasmine Therese Esguerra, DC

From childhood Jasmine was mentored to be a doctor and philanthropist by her grandmother. She lovingly assisted her grandmother in caring for their large Filipino family, board and care home, neighbors and community through prayer, healing touch and counsel. With her upbringing, completing her doctorate in chiropractic and bachelors in anatomy from Parker College in 2002, while married with young children, was her natural path. With focused love and attention she skillfully optimizes neurological function, life force and self healing for newborns to seniors in her Dallas center. She has facilitated healing retreats and workshops in the Bay Area, Chicago, New York, Paris, Barcelona and Monterrey, Mexico. Her greatest passion is in providing sacred sanctuary for self actualization and soulful living for all beings. As the founder of Pure Wellness International, she carries out her mission through her ongoing community outreach and humanitarian efforts.

## Lisa Lazo, LMT

Lisa's natural nature has always been one of patience, compassion and optimism. These qualities continue to serve her life path well as a massage therapist, healer, and singer/songwriter. She is committed and passionate about her life's work in the studies and practices of the healing and musical arts. She loves helping people feel better and creating experiences that allow people to connect with themselves and with life on deeper, more meaningful levels through her massage, energywork and music. Lisa has been a massage therapist and reiki practitioner for the past 8 years receiving her Bachelor's Degree in music from the University of North Texas and massage therapy license from The Academy of Healing Arts in Denton, TX. Her healing sessions are effective and powerful and she is pleased to be offering her services and wellness workshops with Pure Wellness International, a center that shares common values and commitments to vibrant healthy living.

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### **Kari Michel Love Avery, Lic.Ac., Dipl.Ac., L.M.T.**

Although from the beautiful Pacific Northwest, Kari chose to make her home in Dallas in order to study more with a accomplished healer, teacher, author and consultant who resides here. Kari has a Masters in Oriental Medicine from the International Institute of Chinese Medicine. Her background includes training in massage therapy and advanced bodywork techniques. Bridging the connection between inner and outer beauty, Kari also specializes in natural alternatives to cosmetic surgery; Acugems™ Facial Rejuve, L.Z. Integrated Cosmetic Rejuvenation. At Pure Wellness Intl., Kari is enthusiastic about offering and educating about the energy medicine treatments that she offers which include Microcurrent-Color Light Meridian Therapy, Krashada™ Acupressure Therapy, Allergy Elimination (N.A.E.T.) and Quantum Reflex Analysis. Her focus is to offer the best healing techniques she has found to those interested in their own special evolutionary journey in this life.

### **Karla Pereznegron, MA**

Karla has been a refreshing and integral team member for Pure Wellness. She is fluent in Spanish and graduated from PCI Health Training School as a Medical Assistant maintaining a 4.0 grade point average. At a young age she has already learned the benefits of taking full financial and personal responsibility for her success. She has a track record of great leadership in school and professionally. She loves learning and teaching new things that can help people experience a higher quality of life. She works very well with families and patients of all ages. She looks forward to empowering practice members to experience the freedom of taking full responsibility for their health and well being. She is in training to facilitate SRI so she can help heal more effectively through connecting with the rhythm of your appropriate stage of healing.

### **Brett Thompson, CNC**

Brett Thompson is on a path as a Quantum Reflex Analysis (QRA) Practitioner, Certified Nutritional Counselor (CNC) and Living Foods Chef to empower self, life and others. He also has a Masters degree in Computer Science. Brett discovered live food in the spring of 2007 during a visit to New York City. Inspired, he eventually became a raw dessert chef in a popular restaurant in Dallas and began his training on nutritional healing. While obtaining his CNC, Brett discovered the healing art of QRA. Using QRA and cell resonant nutrition, he was able to help many friends and family members uncover the root cause of their sickness, illness, or disease allowing their body to achieve limitless healing. Brett is currently practicing the art of QRA and receiving clients in the Pure Wellness offices in Uptown, Dallas and at the Rudra Center in Denton, TX. He is also offering living food culinary classes and one second toxicity testing. Come join him in experiencing what the body is capable of achieving through cell resonant nutrition while developing an application of the magic of exquisite living cuisine.